



Fremont Union High School District

Extracurricular and Co-Curricular Activities Guidelines and Code of Conduct/Steroid Policy

REQUIRED: Parents & student participants must read the following information and sign!

Students who participate in the District's Extracurricular and Co-curricular activities are representatives of the school and the District therefore they are expected to model positive behaviors. Participation in these activities is a privilege, conditioned upon meeting the eligibility criteria established by the Board, Administration, and individual activity coaches and advisors. Each student participant and his parent/guardian are required to read, acknowledge and/or agree to the District's Code of Conduct, Risk Warning, and Steroid Policies before the student can participate in Extracurricular and Co-curricular activities.

The Board's policy and the Code of Conduct cover the following activities:

Athletics, band, instrumental and vocal music performances, drama productions, speech contests, all honorary and elected offices (e.g. Homecoming King/Queen/court, class officer, student government officer or representative), state contests and performances for cheer leading and drill team, mock trial, FBLA, DECA, or any other activity where the student represents the Fremont Union High School District in a defined competition/contest.

Expectations

Students will:

- Demonstrate cooperative attitudes and participate to personal capacity
- Demonstrate high standards of ethics and sportsmanship
- Understand and strive to maintain academic excellence and participation eligibility

Eligibility for Participation

To be eligible for participation, students must meet District academic and attendance requirements as well as student conduct expectations.

Academic

Student must adhere to district academic eligibility policies as outlined in *BP/AR 6145* (see below). Failure to meet academic standards results in ineligibility until the re-establishing of academic eligibility the Monday following the posting of grades to students.

Attendance

In order to participate in co-curricular activities, the student must be in attendance at school, meeting the requirements of minimum day, as defined by Education Code, on the day of the activity unless the absence is excused.

Student Conduct

To maintain eligibility for participation in Fremont Union High School District extracurricular activities, students must conduct themselves as good citizens both in and out of school at all times. Students who represent the school in an activity are expected to serve as good role models to other students and to members of the community.

Loss of eligibility, due to poor student conduct, takes place when one or more of the following conditions occur:

- Engaged in any school suspendable offenses (violations of Education Code 48900 et.al and Board Policy 5144.1)
- Involvement in cheating, gambling, accepting gratuities
- Engagement in disrespectful conduct including profanity, obscene gestures, offensive remarks of a sexual or slanderous nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals, the activity or the school community
- Demonstration of poor sportsmanship and/or retaliation against teammates, coach, staff, parents, members of others teams (including coaches)

- Use of any illegal substances including alcohol, tobacco and drugs
- Engagement in any school suspendable offense or criminal behavior.

Ineligibility

Any student who fails to meet Student Conduct expectations during the period of the school year in which s/he participates in a school-sponsored activity is subject to a loss of eligibility. The loss of eligibility means:

- One-week suspension from competition/participation in all school sponsored activities from the date of suspension.
- Mandatory referral to counseling -Student Advocates or outside agencies/professionals
- Required administrative/coach-advisor/parent/student conference.
- Law enforcement contact if appropriate
- Additional sanctions will be imposed for subsequent violations of district disciplinary rules including possible removal from the sport/activity for the remainder of the year.
- An ineligible student shall attend all practices or rehearsals but will not "suit up" or perform/participate.
- Any student holding a leadership position (e.g. ASB, Class Officer, Spirit member, etc) that loses eligibility due to poor student conduct will be removed from their leadership position for the remainder of the academic year.

Coach/Advisor/Administration Sanctions

The Administration, coach and/or advisor have the right and the power to impose other additional penalties or consequences, separate and apart from the penalties listed above, in response to serious violations of the School District's policies, team/activity rules and/or community laws. Examples of additional sanctions for ineligibility are but not limited to:

- While performing in an activity the student violates Education 48900 and/or BP5144, the coach/advisor may remove the student from the team; the reasoning supporting the coach/advisor's decision is: the student's actions are detrimental to the reputation of the team and/or to the need to maintain an harmonious environment for the other team members.
- While on a team-sponsored activity away from school, if the student violates team/District Rules while on the trip, the student may be removed from the team. The coach/advisor views the action as detrimental to the team.

Additional Guidelines

The school's interest and intent is to expect and support positive student behavior at all times and to discourage or deter illegal, immoral, unhealthy, or highly inappropriate behavior. Serious violations of school rules or community laws that occur during the time a student is enrolled in the Fremont Union High School may result in the student's ineligibility for participation.

Appeals

Student or the student's parent(s) or legal guardian may appeal the decision on eligibility by notifying the Principal in writing of the desire to appeal. By the conclusion of the third school day after an appeal has been filed, the Principal will issue a decision on the appeal of the alleged violation the Code of Conduct. The student will not be allowed to participate in any contest during the appeal process.

BP/ AR 6145(a)Academic Eligibility Requirements:

To be eligible to participate in extracurricular and co-curricular activities, students must demonstrate satisfactory educational progress in the previous grading period including but not limited to:

1. Be on target for graduation. To be considered on target a student must have passed courses totaling 25 the previous semester.
2. Be enrolled in, and passing, courses totaling 25 or more credits (may include community college courses) each grading period.
 - **Exception:** Seniors who are on target for graduation and are enrolled in, and passing, courses totaling 20 or more credits.
3. Maintain a minimum of a "C" (2.0) GPA average at the end of each grading period (progress report grades and/or semester grades)
4. Freshmen enter on probation. Eligibility for freshmen in the fall will be established at the end of the first grading period.

Athletic Eligibility Requirements:

1. Eligibility for transfer students must meet CCS guidelines.
2. Eligibility will be determined based on grades from the most recent grading period (on the Monday following posting of grades to Infinite Campus).

Probation: (Following distribution of grades to students).

1. A student may be placed on probation when he/she fails to maintain a "C" (2.0) grade point average, or the student fails to be passing the equivalent of a minimum of 25 credits each grading period. But, the student must have passed (4) classes (CIF by-law 205 B, b).
2. A student may not be placed on probation for consecutive grading periods.

Athletic Participation

Risk Warning:

It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity include, but are not limited to, serious neck and spinal injury which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, serious injury or impairment to other aspects of my body, general health and well-being, and death. It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Steroids:

The Governing Board recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the district's drug prevention and intervention efforts, the Superintendent or designee and staff shall make every effort to ensure that students do not begin or continue the use of steroids or other performance enhancing supplements. The use and abuse of steroids is prohibited by student athletes.

The student athlete agrees that he/she shall not use steroids, unless the student has a written prescription for a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.